

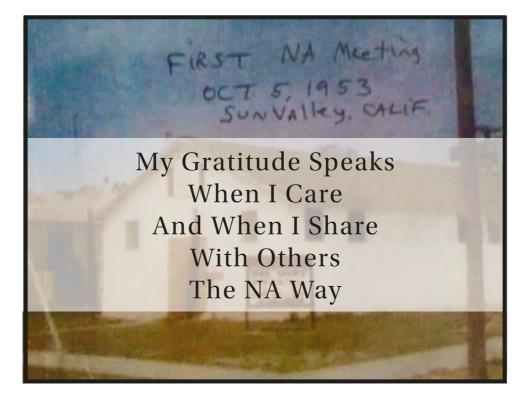


The New/Old NA WAY Magazine Volume 43 August 2021 This magazine was written in open participation by members of the Groups of The Anonymi Foundation and members of the Groups who participate in the Fellowship Service Conference and the European Felloswhip Service Conference

The New/Old Way

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AS WE GROW

"Addiction is a disorder in its own right --- the addict may or may not have had an imbalanced or disordered personality before addiction --- after addiction he certainly does. The wish or desire to remove the drugs from our lives may be fulfilled one way or the other, but cleanliness will be short lived if no action is taken to alter or renew the character disorder that is left. A clean life is not just a substitute for the old way, it should be a new way based in the superiority of being clean over any other way of life." ----- Jimmy K.

GROWTH IN SCOTLAND



TWO PRINTERS UP AND RUNNING NOW, LOADS MORE TO PRINT



GROWTH RUSSIA



PRINTING

LITERATURE TABLE





NARCOTICS ANONYMOUS Group «Osnova» («The Base») asks for your HELP!

WHO we are:

Recovering addicts from **Moscow, Russia** concerned of getting off the ground Traditional NA in Russia.

WHAT we ask for:

To help our efforts by donating money or literature.

• We seek for 300 euros for:

- Buying for our Group simple monochrome duplex laser printer (someting like Brother HL-L2340, costs around 150 euros in Russia) to print books and pamphlets on our own.
- Maintaining our webpage <u>www.nahelp.ru</u> (paying for webhosting 100 euros/per year, buying «eternal» SSL certificate 50 euros).
- We seek for physical copies of literature written by addicts for addicts: Grey book, Approval form, 2nd Edition, Baby Blue Basic Texts etc. There are other English speaking addicts in Russia and we can mail literature to them and introduce them to original NA literature.

What is done already:

- We translated the whole Grey Book in Russian. Now we go over this 1st rough draft of translation in order to fix all mistakes and prepare it for printing. We also translated few original IP's and we continue our efforts.
- 2. We build the webpage for PI efforts www.nahelp.ru
- 3. We inform people about Traditional NA and seek for new contacts.

HOW you can help:

Donate us using PayPal account: lisaihvost@gmail.com

(Unfortunately, seems like PayPal doesn't provide option to create Money Poll for Russian users now, so account is tied to one of Group's members personal data. We are working on transparency!)

Send us literature: postal adress for mail is provided by request through contacts.

WHY we ask for it:

We plan to start physical Grey Book study meetings here in Moscow, Russia very soon and we want to print literature to give it away FREELY for newcomers and those who want it. Group is very small now, and get the whole thing off the ground alone is not easy. We do that anyway, because WE CAN'T KEEP WHAT WE HAVE UNLESS WE GIVE IT AWAY.

We are glad to answer to any questions you may have. **Call or text us:** +79859097384 Leo +79855159435 Dima (WhatsApp and Telegram are prefered for communication) Email us: <u>nahelp.ru@gmail.com</u>

Visit our page www.nahelp.ru and stay clean JUST FOR TODAY!







DIRECT ACCOUNTABILITY FROM RUSSIA

Osnova Group PayPal report. April, 26, 2021.

Incomes:

April, 14 Against All Odds Group +1381.00 rub. Anonymous Member +1455.02 rub.

April, 16 Grateful Wakeup Group +7248.44 rub. Miracle Group Venlo +3485.10 rub.

April, 19 The War Is Over! Group +6902.33 rub.

April, 22 No Matter What Hengelo Group +2092.86 rub. Anonymous Member +2092.86 rub.

xxxxxxxx April, 22 Transferred from PayPal to bank account 16000 rub. xxxxxxxx

Outcomes:

April, 24 Printer+cartridges+accessories+shipping -10559.00 rub. Website Hosting for year -2754.00 rub.

Total income 24657.61 rub. (271.91 €) Total outcome 13313.00 rub. (146.81 €)

PayPal balance 8657.61 rub. Bank account balance 2687.00 rub.

Total balance 11344.61 rub. (125.10 €)

You sent 4,516.00 RUB to Леонид Белов

"Historical Perspectives Group of NA"

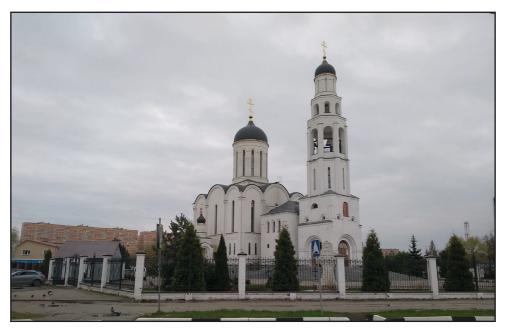
We'll let Леонид know right away that you sent money. You can see the details in your Activity in case you need them later.

Amount in USD	\$63.01 USD
You pay	\$63.01 USD
Леонид Белов gets	4,516.00 RUB
Payment received	Apr 27, 2021

The recipient has a lifetime limit to send, spend or withdraw. Upon reaching this limit, the recipient must take certain actions to lift the limit.







GROWTH IN THE NETHERLANDS

GROUP WRITING VENLO

One Year Miracle Group

A few NA members got the idea to start a meeting in their own town with a clear and pure NA message. These thoughts and energy led to starting a home group under the name Miracle Group. All the energy was converted into actions and many preparations were made such as making the reading cards, the meeting format and asking for help from other groups. We needed this help and experience from the other groups in the Netherlands. It was clear that it was going to be a Greybook meeting.

On April 13, 2020, the Miracle Group Venlo of Narcotics Anonymous started due to Covid with its first Greybook meeting on the Zoom platform and counted 3 members at that time. After 10 weeks of meeting on Zoom, on Monday June 8, 2020 it was finally time to start Physically in the Youth Church (Jongerenkerk) of Venlo. We are very lucky with this beautiful meeting location in the church, this also contributes to the atmosphere. The meeting then still had 3 members and 9 visitors.

The meeting then still had 3 members and 9 visitors.

After one year the Miracle Group now consists of 7 steady group members and an average of 25 visitors. We get newcomers regularly, almost weekly, and more and more people want to join us. We notice this especially in the enthusiasm, the energy before, during and after the meeting and for example also in our group conscience. The last time, 15 addicts were present. We see as a group that addicts keep coming back and we see addicts growing strongly who are still relatively early in recovery. We are a very close group and have a lot of contact with each other. We help each other where needed and we love each other despite our flaws. As a group and as individuals we look at ourselves and we make everything discussable. The group is bubbling with energy and everything shows that it is a real unity where everyone is equal. With this we try to make people enthusiastic for recovery and a home group and invite them to participate actively.

What we notice is that a lot of visitors come early and stay late on the Monday evening at the group. This tells us a lot about the wonderful feeling that prevails at our meeting. The atmosphere of recovery is unique in that there is an intense connection during the meetings. This is partly because we translate small pieces (one or two paragraphs) of literature as a group and study it during the meeting. Using the text, we try to share our own experience, strength and hope as group members. We also make each milestone a celebration and cheer up the room with balloons.

All sponsors and sponsees have a daily commitment to the program and to each other, and they carry it out. Sponsees grow and become sponsors themselves, together we share the pure message of recovery and grow closer as a group. We have fun before and after the meeting and are willing to look at ourselves as a group and individuals. Our service positions are all filled, we have additional committees for public information (P&I) and we have a committee that does literature and printing. They are accountable to the group and it all runs extremely well.

As a group we make sure that newcomers get a newcomer kit and we make sure that we are in close contact with newcomers, they are the most important person with us at the meeting because we can only keep what we have by giving it away. We realize this very well as a group. We are receiving newcomers, we welcome them, they get a big hug and we have a chat with them. A newcomer always gets our phone numbers and a basic text book from NA. We give these out from the group for free just like all our literature at the meeting. We actively ask newcomers how they experience the meeting and from the feedback we get, we hear that they immediately feel very much at home. This in turn gives us energy.

With many group members we also visit the other meetings of other groups in the Netherlands to learn from each other and to spread the message of recovery there as well. The great thing is that the members of these groups also visit our meetings, and we have a lot of contact with each other. Because of this we look for each other and we grow as a fellowship. All homegroup members also are going to participate at EFSC 2021. The last few weeks we have been very busy with P&I. We now have good contact with the local government to put up posters and have already received permission to do so. We have been telling who we are and what we do. This has been received very positively. There are also flyers and posters at various doctor's offices in the region. We try to make ourselves so findable that people from the street or those who need help can find us.

Today, 1 year later, we have grown so much that we are busy opening the 2nd meeting. For this we are talking to another location, near the other location. We hope this will take shape soon. We notice that we need to welcome people and that there is a need for this form of recovery with a clear message from NA. We feel a responsibility to keep the meeting open and to accommodate people and guide them in the program. Only we can understand and help them.

In loving service

Members of the Miracle Group Venlo of Narcotics Anonymous



SOME PRINTING EQUIPMENT









GROUP WRITING ZWOLLE

Group AttrACTION

In the past year, as a Group, we have done a couple of things to keep on growing as a Group. First of all we continued meeting on Zoom, to be able to keep coming together and provide a place for addicts to still have contact with other recovering addicts. And as soon as possible we started meeting physically again, and have been ever since. Other efforts we took:

1. We remained active. Not only in terms of meetings, but also in looking for ways to make the meeting more attractive. We worked on a folder reck with our Group name on it. We also found 2 foldable folder recks we use in Zwolle and Emmen. This sounds stupid maybe, but traveling together to go pick these up, clean them together before the meeting and be grateful for having these things, we feel excited.

2. We remained visible. The idea started in another Group to create a Public Information bike, and we also looked into the possibility. This was possible and we took some weeks to work on it together and now have a bike with a sign on it that we move around town almost every week. We also had a couple of days where we drove around to put up posters again through town, and also in others towns now.

3. We kept meeting and talking about our Public Information efforts. Every Sunday before the meeting we come together to talk about the things we can do to stay active as a group in our Public Information efforts. Every member that joins on Sunday helps out and we help each other throughout the week in our actions. This includes; reaching out to organisations, treatment facilities, printing posters and flyers, sending these out, etc. At this moment we are contacting housing corporations and companies that have many employees, to ask them if there are possibilities for putting out posters inside their buildings.

4. We keep working on our relationships as group members. We try to keep each other involved and connected to what is going on in the Group. We try to get newcomers involved by asking them to help out, and

give them responsibilities. This helps for the atmosphere and growth as a group.

5. We started a new meeting in the town Emmen. This includes the needed PI efforts to become visible in this new town. We put out posters, flyers and started contacting organisations in that town.

6. We have members working on the Dutch webpage that has had some work this year as well. We can see the webpage being found by people more often.

These are the things that we are putting our energy in at this moment. We have 5 meetings a week, around 8 members and sometimes more addicts coming to the meetings. It is exciting to see the growth in the past year, despite the pandemic. At the same time we know we need to keep doing these things if we want to keep on growing.

2 members from the: A Way Out Group (Zwolle) May 2021



SOME MEETING ROOMS



August 2021

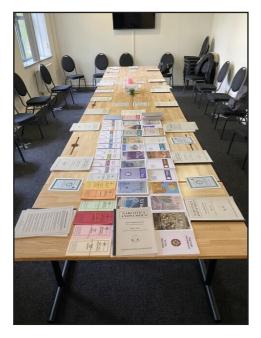
"Key to Recovery" Meeting in Emmen



Volume 43

wrake it easy" Group Rotterdam









GROUP WRITING ROTTERDAM

Dec 2017 translation day in Rotterdam that was my first introduction to the asis structure

Feb 2020 the translation weekend Baby Blue Basic Text with the original 4th and 9th tradition in sittard where the journey continued and I got so much positive energy that I slowly started to delve into it, the profitable structure came out of my throat and I no longer felt connected, I thought it was outrageous that money was being made on the backs of addicts, it was time for a new road and the journey continued.

I went to look for the meetings more in Zwolle, Hengelo, Sittard, Venlo, Roermond and Enschede and there I felt a real connection, I heard recovery in a way that came in.

I went to the EFSC in Delden in Sept 2020 with the intention of getting information and support to also set up a baby blue meeting in Rotterdam together with my previous sponsor and 3 other fellows who were also interested, between October and Feb this year there have been developments that fellows dropped out and 2 others joined and we started online because it was difficult to find a location where we could hold a meeting.

Finally held the 1st official physical meeting today and we were right 1 newcomer who called Hermen through the website last Saturday and passed on my number so she could be at the meeting today and she helped make coffee and felt at home on after the meeting she told me.

Amazing how NA works.

It has been a great experience for us as a service team and we can't wait until next week to hold the 2nd meeting and are looking forward to the EFSC weekend in Sept in Hunsel where we can now join as a Take it Easy group, I know that I sat on the couch with the microphone last conference and said my vision for the next conference is that we come with members from Rotterdam and can say we have a meeting in Rotterdam, look what God gives us

Grateful for almost another day of Clean and to be in Recovery

I can't WE CAN

Report From the Rotterdam Group

SOME LITERATURE TABLES





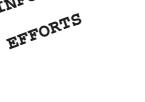






INFORMATION

PUBLIC













GROWTH IN SWEDEN



GROUP WRITING THE FINALLY FREE GROUP (ÄNTLIGEN FRIA GRUPPEN)

GROUP REPORT FSC 2021

Status: 4 years.

Meetings: Monday -Tuesday- Wednesday Thursday- Friday- Sunday . Closed meetings. Four different locations. No announced ending. (Sunday's).

Literature studies. Literature topic meetings.

We stand for total abstinence and announce this in every format. Grey Book meetings in Swedish Tuesday-Friday (reading the Swedish translation/interpretation of the Grey Book). Speaker meetings every month. We have two new committed members. All of our meetings is hosted on Zoom as well as in physical form, so called "hybrid" meetings.

Not that many newcomers, some visitors. Attendance: 1-16 addicts. 6 committed members.

PI/H&I efforts

- nahelp.se.
- Posters.
- PI every three months at a rehab center Ljusdal. (Postponed due to the pandemic)
- Free literature.
- Group helpline.

Service posts

- GSR.
- Treasurer.
- Secretary.
- Vice secretary

We have guidelines for service in the Group. We have Group conscience meeting once a month. Separate Group inventory once a month.

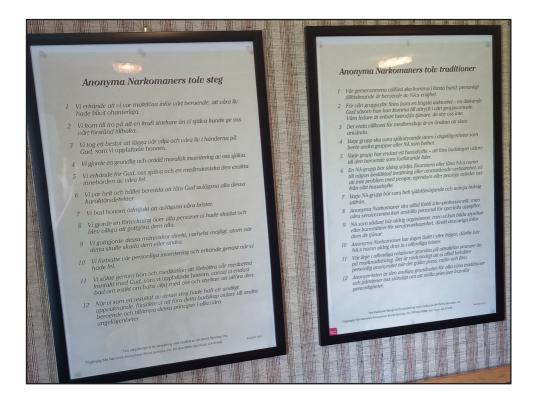
Ongoing literature projects: Translation Baby Blue (second run through), going over all IP's. Reading the translation of the Grey Book (two meetings per week)

Difficulties: newcomers. To get more members involved in Group service.

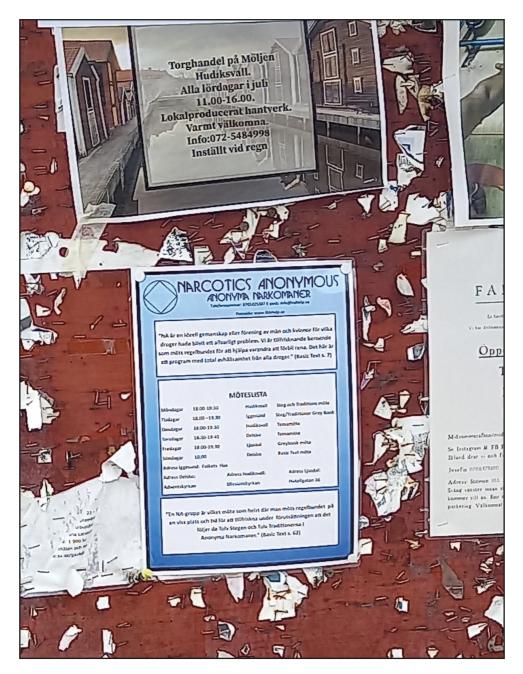
Upcoming services: Meetings. Do more PI.

In Service

The Finally Free Group (Äntligen Fria Gruppen) Sweden



PI EFFORTS IN SWEDEN











GROWTH IN THE USA

GROUP WRITING "THE WAR IS OVER!" GROUP FINDLEY OHIO

Printing Literature/PI Report

Over the last year our Group has done a lot to stay active even with the difficulties we all have experienced with covid 19 social distancing restrictions. We continued to meet as well as participate in the Group Conscience process no matter what we had to do. We met in person when we could and on zoom when we had to as well. This last year tested our commitment to our personal recoveries and to Narcotics Anonymous.

One member of the Group reformatted the When It Works document written by Greg P. Into a booklet with line numbers like the Gray Book and we as a Group went through the document and did input and review to fix major spelling, grammar and punctuation errors and submitted it to www.nahelp. org. All edits were recorded and submitted to radio free na and the document is now open to the Fellowship for further input and review. This was very exciting to do as a Group but we also allowed non Group members that were interested in the document and the process to participate.

Our Group continues to print all our own literature except for the Baby Blue Basic Text and Gray Book which we buy from another Group at cost and shipping. We also started to print and distribute the New/Old NA Way magazines this year which seem to go pretty fast once they are printed and put on the table at the meetings.

After a couple of us attended the FLC in Tabernacle New Jersey our Group decided to try hosting a literature conference outside Findlay, OH at Camp Berry. It was originally scheduled for the third weekend of March but had to be postponed due to covid 19 restrictions that prevented us from being able to sleep on the camp grounds. The conference was rescheduled for November 18-21 and our Group is looking forward to it.

We had been discussing doing Public Information as a Group for quite some time but just recently put a PI flier together and started putting them up around town. After they were up for one day we got a call from an addict seeking recovery but have not had any since. The fliers have only been up for two weeks

The WAR IS OVER! group of narcotics anonymousnow and we still have several locations where they can be posted. It has been

exciting to exercise our autonomy as a Group and take responsibility for carrying our message in whatever form we need to. The creative freedom expressed in the literature written by addicts for addicts is attractive to those that want what we have to offer and we are looking forward to doing more together as a Group.

In Loving Service,

THE WAR IS OVER!



RABBITT GROUP USA DELAWARE COUNTY

7:00PM TO 8:45PM WEDNESDAY NIGHT

RABBIT GROUP

OUTSIDE AT

PAPPONE'S PIZZERIA

PAPPONESPIZZA.COM

1145 W. BALTIMORE PIKE, MEDIA, PA BACK UP AND FLYING



GROUP WRITING "HOPE GROUP" NEBRASKA

--Hope Group Nebraska Report for ASIS Brothers and Sisters July 2021.

If this report is a bit late; please forgive me is my fault. My Brother in Arequipa Peru died Friday from the virus and time froze. It has been tough for our family. We pray sometimes we can attend the loving ASIS yearly meeting, with fellow loving free givers.

The Hope Group supports any member or group that gives out free NA literature, anyway we can. We try sending literature anyplace in the world where there is a need, including Africa, Canada, South America, Mexico, England, and Russia. Also providing hope in all 10 of our Nebraska Prisons and many jails in the USA that have not ever heard of NA, with our basic text

Please Note – we could have not made many of these commitments with the huge price of postage to other Countries, without the help of the NA Book Drive with Jacquelyn L. supporting this or would have been impossible. We supplied the Literature along with the Grateful Wake Up Group and her group supplied the shipping costs and package it nicely.

We have learned from experience and from fascinating NA predecessors are NA literature written for free out of Love for us by NA members, is a mandatory tool enhancing our 5th tractions and 12th step. Providing it at truck stops, pawn shops, motels, missions, Library's, treatment centers etc along with prisons. This has helped our personal recovery and is our Gods purpose for our group.

The Tecumseh prison has a couple NA meetings going by the inmates with our Lit, when allowed (virus still holding us up) we hope we can get something started in the Omaha Nebraska Juvenile detention center.

We will continue supporting ASIS with pray, financially as needed and anyway we can.

All our Love from the Hope group. Member Paul H. 402-270-4945 marineblue@...

GROUP WRITING "THE MOST PERFECT VEHICLE" GROUP

The Most Perfect Vehicle Group was formed in September of 2019.

We meet Tuesdays and Wednesday nights at 7:00pm in Woodstown NJ.

We are a closed meeting for addicts only and we do not verify attendance documents.

We study the Grey Book on Tuesday nights and the Baby Blue on Wednesday nights.

We are currently the only meeting in New Jersey that isn't a part of the NAWS inc service structure, we are not registered with NAWS, the local Region or local area.

We currently do our own Public Information by placing flyers in local shops and the post office.

We believe in Total Abstinence from all mind-altering mood changing substances and at one point the local area had brought up our Group doing an area service committee meeting during 2019. They considered us a "Rogue" Group and some even said we were not considered to be a N.A. Group.

We contacted every trusted servant in the area by email and explained to them that we are autonomous, and we are not affecting other Groups or NA as whole. We also welcomed them into visiting our Group at any time.

In 2019 we held a New Year's Eve Celebration and had speakers from different states come and speak. We had about 50 or more throughout the night show up from other states and from all over New Jersey.

In 2020 we had planned on having a History Day in March, due to Covid-19 we had to postpone the event and have not established a date yet.

We also put together the North Eastern Coast Traditionalist Gathering and co-sponsored it with other Groups including the Rabbit Meeting, The Historical Perspective Group, and a Different Look Group; in July of 2020. With this event we had created a meeting list together that lists meetings in PA, NJ, DE, & NY; all the Groups are using the Grey Book or Baby Blue. We are planning on having the 2nd Annual North Eastern Traditionalist Gathering this coming July and we will have various workshops on different topics of service, as well has a BBQ and Fellowshipping.

In September 2020, we organized the Fellowship Literature Conference with the Historical Perspective Group in Tabernacle NJ.

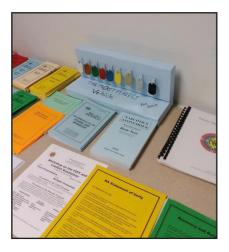
At that event we worked on various pieces of input and review literature and are planning on meeting again this coming September.

Our Group was forced to close the doors to the physical meeting space for a short period of time and met in town behind our house holding bonfire meetings. We went from utilizing Skype, to Zoom, to meeting back Face to Face in a short period of time. We decided to not become Hybrid but to just meet in person. Since then, we have had little attendance, but we keep our doors open and use the Group as a vehicle to carry the message in other ways.

We have been in contact with several jails and requesting information about doing H&I and we also have a Public Service announcement on our local TV channel.

We are keeping the doors open no matter what and carrying the message to the addicts who still suffer.









LITERATURE TABLE

"THE MOST PERFECT VEHICLE" GROUP

FELLOWSHIP LITERATURE CONFERENCE

September 3rd, 4th, 5th, & 6th , 2021



Open Participatory Literature Writing Conference Literature Written by Addicts for Addicts!

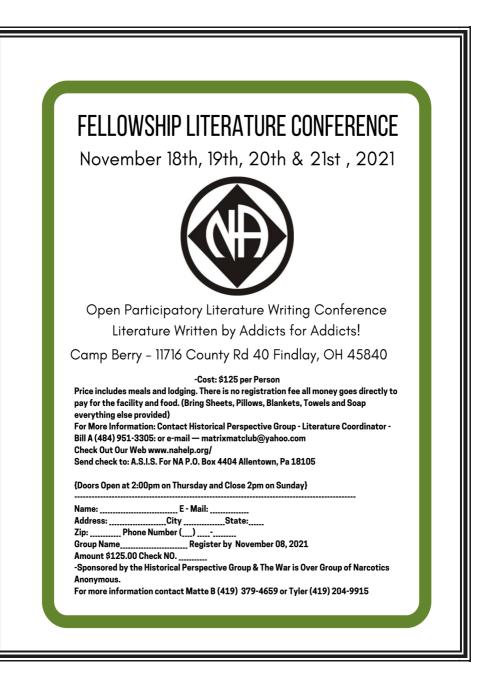
110 Buttersworths Bogs Rd, Tabernacle NJ, 08088

Cost: \$125 per Person

Price includes meals and lodging. 1	here is no registro	ation fee all money goes directly
to pay for the facility and food.		
Write checks payable to Historical	Perspective Group	b
For More Information: Contact Histo	orical Perspective	Group - Literature Coordinator -
Bill A (484) 951-3305: or e-mail — ma	itrixmatclub@yaho	o.com
Check Out Our Web www.nahelp.or	rg/ Send check to	: A.S.I.S. For NA
P.O. Box 4404 Allentown, Pa 18105 V	Vrite checks paya	ble to
Historical Perspective Group of NA everything else provided)	(Bring Sheets, Pill	ows, Blankets, Towels and Soap
{Doors Open at 10:00am on Friday	and Close 2pm on	Monday}
Name:	E - Mail:	
Address:	_City	State:
Zip: Phone Number (
Group Name	Register	by August 20, 2021

Amount \$125.00 Check NO. _____





The Groups of Northern Columbiana County Area of Narcotics Anonymous present...

Annual 12 Step Retreat February, 18,19&20, 2022

Das <u>*Dutch Village Inn</u></u> 150 East State Route 14 Columbiana, Ohio 44408</u>*

What to expect: Speakers, Discussion, Coffee,

Real NA Old School Recovery!

Only \$5.00 for the weekend if you pre-register - \$10.00 at the door

NO addict EVER turned away!

Pre-register by e-mailing stepretreat@yahoo.com

Rooms \$94 per night for 2 adults (\$10.00 additional for each adult)

Reserve your room by January 1, 2022 and mention you are with the NA Retreat to get the discounted price - Call 330-482-5050

17th Annual Fellowship Service

Conference for N.A.

When: June 24th thru June 26th, 2022

Where: Hamburg, PA

Place. Olivet Mountain Camp 1540 Mountain Ave.

Hamburg, Pa 19526

Cost: \$115.00 per person

Price includes all meals {and lodging if needed}

There is no registration fee all money goes directly to pay for the facility and food Write checks payable to Historical Perspective Group

For More Information: Contact Historical Perspective Group (610) 428-9923 Ask for Ray: or e-mail — <u>matrixmatclub@yahoo.com</u> Check Out Our Web www.nahelp.org/ <u>Send check to: A.S.I.S. For NA</u> P.O. Box 4404 Allentown, Pa 18105 Write checks payable to Historical Perspective Group of NA (Bring sheets, pillows, Towels and soap

everything else provided)

E - Ma	_ E - Mail:	
City	State:	
Phone Numb	er ()	
Regist	er by June 10, 2022	
Reveals it.) More Will Be	Revealed	
	City Phone Numb Regist	

Upcoming Events

<u>FELLOWSHIP LITERATURE CONFERENCE</u> Date: September 3th thru September 6th, 2021 Tabernacle, NJ

6TH ANNUAL EUROPEAN FELLOWSHIP SERVICE CONFERENCE FOR N.A. Date: September 16th thru September 19th, 2021

Hunzel, The Netherlands

FELLOWSHIP LITERATURE CONFERENCE Date: 18th thru 21st November 2021 Findlay Ohio

ANNUAL 12 STEP RETREAT Date: February 18, 19 & 20, 2022 Columbiana Ohio

<u>17TH ANNUAL FELLOWSHIP SERVICE CONFERENCE FOR N.A.</u> Date: June 24th thru June 26th, 2022 Hamburg, PA

Weblinks

www.nahelp.org Contact: nahelp.org@gmail.com World www.nahelp.nl Contact: nahelp.nl@gmail.com The Netherlands www.freerecovery.org.uk United Kingdom

www.nahelp.se

Sweden Contact: AntligenFriaNA@gmail.com www.nahelp.ru Russia

GET INVOLVED!

WE NEED

YOUR INPUT!

Please send your articles, event information, comics or other input to **nahelp. org@gmail.com**

WWW.NAHELP.ORG

Your Fellowship Magazine Share... and be shared with..

Like it was when NA was new and young and life or death intense: You matter to us so we will tell you the truth as we know it with nothing held back.



"... so that no addict seeking recovery need ever die..." We publish your input -- the opinions presented are not necessarily those of the New/Old NA Way or Anonymi Foundation

WWW.NAHELP.NL